



Extending a big welcome to all of our "Old Salts"!

We are very happy to see many returning members and look forward to meeting and greeting all the new faces that have decided to join us this season.

There are lots of great trips (some new) and social events planned for the year, come on out and let's have an awesome 2023!

With the new 2023 season now underway, lots of things have been happening behind the scenes due in part to all our wonderful volunteer members.

Thanks to all of you!!

[All About the Blog](#)



For those of you not familiar with the Blog, it was first introduced to the club several years ago and has evolved into an efficient communication and resource hub. Lets use it and take advantage of all it has to offer!

Browse through the resource section, there are lots of videos and other tidbits to enhance your paddling experience. Make comments and give us your feedback and suggestions so we can improve. Check out the Trip Schedule and plan which trip to go on.....and come back often in case there are changes.

[Continue reading on the Blog](#)

(This is the section where you will find most of our training materials and videos that you can study in preparation for the [training sessions](#) and for general review.) There is lots of useful information here to go through at your leisure.

[TRAINING MATERIALS](#)



Safety for all our members is of the upmost importance to us as a club which is why canoe training is so important for all new members. This is so skill levels can be assessed and our trip leaders and any potential canoe partners can be assured you have the required abilities for the types trips you want to ...

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The [Canoe Trip Schedule](#) is posted and available to save as a "PDF" and/or print. The schedule is a living document, so check back often in case changes are made. We still need Trip Leaders and Towers to volunteer for the various trips. If you have a suggestion for a trip missing that you'd like to see on the schedule, leave a comment in the comments section [here](#). For those of you who volunteered or are thinking of volunteering on leading a trip, all the resources you need can be found [here](#).

What's Happening

Don't want to miss something? Are you tired of searching through your emails to find a specific notification? If you ever feel like you are missing an email notification....not to worry. Check out the blog under the "[What's Happening](#)" tab. It will take you directly to the latest news, updates and announcements in the order that they were published. During the canoe season, notices are published at least once a week.



Our Social Committee is busy planning fun events for our members in addition to our full canoe schedule. At our Membership Meeting in March, there was a lot of interest in our annual fun day at Paradise Lake (west of K-W). We will be at Camp Ki-Wa-Y on Tuesday, June 13, 2023, from 9:00 a.m. to approx. 3:00 p.m. When we arrive there will be a light breakfast on the waterfront deck, and then we will spend the morning on the lake with some canoe stroke review, games, and free time to paddle. Lunch (lasagna, salads and dessert) is provided by the camp staff. Afterwards there is time for more canoeing / swimming.

This is always a very popular event, so we need to know how many people are interested in attending. New members are especially welcome! The cost is \$20 per person, and it includes the breakfast and lunch. Please send Pam Krokoszynski an email (pamkrok@rogers.com), and mail a cheque for \$20, payable to Old Salts Seniors Canoe Club, to her at 8 Green Warbler Cres., Elmira, ON N3B 1A4.



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Thanks for your interest in the Old Salts Seniors Canoe Club!