



Old Salts Seniors Canoe Club
Training Registration 2024

Office Use: Cheque _____ Cash _____
E-Transfer _____

Name: _____ Address: _____

Cell: _____ Home Phone: _____ Email: _____

CANOEING EXPERIENCE:

Beginner []

Never canoed before but want to learn! On my bucket list!

Advanced []

I am ORCKA or Paddle Canada trained/certified and/or have taken advanced training.

I can canoe on moving water & can help mentor!

Specify which training:

Novice []

It's been a while, and only on a lake! Little to no moving water experience. Need training.

Intermediate []

I canoe regularly, know my strokes and can handle moving water! Have had some training. Please specify:

Certification Expiry Date:

*Do you know how to swim? Yes No

Training Dates:

Dryland Training:

April 5, 2024

1:30 - 3:30 pm

[] Mandatory Pool Training: (\$20)

April 11 or April 16, 2024,

1:30 pm - 2:30 pm

Pond Training: (\$2)

April 23, 25, 30, 2024

1:00 pm - 4:00 pm

[] Mandatory Basic Level Training #1: (\$65) May 10, 2024. (Rain Date: May 13, 2024) 11:30 am - 3:30 pm

Mandatory Basic Level Training #2: May 15, 2024 (Rain Date: May 21, 2024). 11:30 am - 3:30 pm

[] Intermediate Training #1: (\$70) May 22, 2024 (Rain Date: May 24, 2024) 11:30 am - 3:30 pm

Intermediate Training #2: May 27, 2024 (Rain Date: May 31, 2024) 11:30 am - 3:30 pm

[] Refresher Skills Training: (\$40) May 6, 2024 (Rain Date: May 8, 2024) 11:30 am - 3:30 pm

*Cheques payable to Old Salts Canoe Club. Please send membership fees, training fees, & Membership form to Old Salts Seniors Canoe Club c/o 55 Northfield Dr. East, Suite 242, Waterloo, ON N2K 3T6 or bring to Membership Registration Meeting.